

# EAT WELL, FEEL GREAT



## NIBBLES

**Mixed marinated olives** 3.95  
Garlic and herb marinade (v)

**Bread and olives** 4.95  
Charred ciabatta, olives, balsamic, olive oil (v)

## FLATBREADS & BURGERS

**Harissa spiced chicken flat bread** 14.50  
Marinated chicken breast, pomegranate, summer slaw, cucumber, baby gem, tzatziki

**Falafel flatbread** 13.50  
Falafel, hummus, cucumber, pomegranate, summer slaw, baby gem, tzatziki (v)

**Lock classic burger** 15.95  
Beef or chicken breast, red onion, beef tomato, baby gem, burger sauce, skin on fries or sweet potato fries, brioche bun  
**Add cheese 1.00 / add bacon 1.50**

**Portobello mushroom burger** 12.95  
Red onion marmalade, beef tomato, baby gem, brioche bun, skin on fries or sweet potato fries (v)

**The Colonel Burger** 17.95  
Buttermilk fried chicken, celeriac slaw, buffalo hot sauce, baby gem

**The Rodeo Burger** 18.95  
Beef burger, pulled brisket of beef, mature Cheddar, baby gem, tomato, BBQ Sauce, battered pickle

## DESSERTS

**Ice cream or sorbet** 3.95/4.95  
Two or three scoop, wafer

**Salted peanut butter brownie** 6.95  
Passion fruit, passion fruit coulis, mango sorbet

**Sticky toffee pudding** 5.95  
Sticky toffee sauce, vanilla seed ice cream

## CLASSIC SANDWICH 7.50

White or brown bloomer, sea salted crisps, salad garnish

**Tuna mayonnaise**  
Cucumber

**Mature cheddar cheese**  
Red onion chutney, baby gem (v)

**Baked ham**  
Baby gem, tomato, mayonnaise

**Pastrami**  
Celeriac remoulade, gherkin, rocket

(v) vegetarian (ve) vegan (gf) gluten free

All prices are inclusive of VAT at the current rate. All items are subject to availability and all weight is approximate uncooked weights. All discretionary gratuities will be distributed in full to our team members. Food allergies and intolerances: Please inform your server before ordering if you have a food allergy or intolerance. All food is prepared in an area where allergens are present.

# EAT WELL, FEEL GREAT



## STARTERS

<b>Calamari</b>	<b>6.95</b>
With black garlic aioli and charred lemon	
<b>Halloumi fries</b>	<b>6.95</b>
Sun blushed tomato aioli (v)	
<b>Hot chicken wings</b>	<b>5.95</b>
Buffalo sauce, blue cheese dip and lime	
<b>Soup of the day</b>	<b>5.95</b>
Charred bloomer and butter (v)	
<b>Heritage tomato</b>	<b>5.95</b>
Torn buffalo mozzarella and green oil (v)	
<b>Ham hock and gruyere croquette</b>	<b>7.50</b>
Piccalilli, apple and pea shoots	
<b>Deep – Fried Brie Bites</b>	<b>5.50</b>
Tomato & mustard seed chutney, dressed leaves.	

## SALADS

<b>Caesar salad</b>	<b>8.95</b>
Baby gem, garlic croutons, parmesan, anchovy, Caesar dressing	
<b>Niçoise salad</b>	<b>8.95</b>
New potato, green bean, cherry tomato, olive, egg (v)	
<b>Super food salad</b>	<b>9.50</b>
Baby gem, spinach, avocado, edamame, mixed grains, kale, sun blushed tomato, balsamic dressing (ve)	
<b>Add chicken or salmon</b>	<b>5.00</b>

## MAINS

<b>Chef's Pie</b>	<b>14.95</b>
Served with carrots, Buttered mash and a jug of jous.	
<b>Smoked Haddock Mornay</b>	<b>16.95</b>
Whole grain mustard mash, wilted spinach Mornay Sauce	
<b>Beer battered haddock</b>	<b>16.95</b>
Triple cooked chips, marrow fat mushy peas, tartar sauce, lemon	
<b>Herb gnocchi</b>	<b>14.95</b>
Wild mushroom, parmesan, truffle oil (v)	
<b>Steak Frites</b>	<b>15.00</b>
Garlic Butter and Watercress	
<b><u>Cooked: Medium-Rare or Well Done</u></b>	
<b>7oz Sirloin steak</b>	<b>22.50</b>
Triple cooked chips, flat mushroom, slow cooked tomato, watercress	

<b>Half roasted garlic and rosemary chicken</b>	<b>14.95</b>
Charred pineapple, celeriac remoulade, watercress	

## SIDES

<b>Sweet potato fries</b>	<b>3.95</b>
<b>Green salad</b>	<b>3.95</b>
<b>Beer battered onion rings</b>	<b>3.95</b>
<b>Skin on fries</b>	<b>3.95</b>
<b>Summer slaw</b>	<b>3.95</b>
<b>Tender stem broccoli</b>	<b>3.95</b>

(v) vegetarian (ve) vegan (gf) gluten free

All prices are inclusive of VAT at the current rate. All items are subject to availability and all weight is approximate uncooked weights. All discretionary gratuities will be distributed in full to our team members. Food allergies and intolerances: Please inform your server before ordering if you have a food allergy or intolerance. All food is prepared in an area where allergens are present.